



SOME OTHER SOLUTIONS
SOCIETY FOR CRISIS PREVENTION

Child and Youth Presentations and Workshops



- Suicide Awareness and Prevention
- Self-harm
- Separation and Divorce
- Grief and Loss
- Bullying
- Stress Management
- Worry Warriors
- Substance Abuse
- Growth Mindset
- Introduction to Mindfulness
- Healthy Relationships
- Emotional Regulation
- Mental Health in Children and Youth

All presentations and workshops can be delivered for children, youth, caregivers or individuals working with youth

We are also able to develop and deliver presentations and workshops tailored to specific topics and groups on request

For further details contact j.penney@someothersolutions.ca